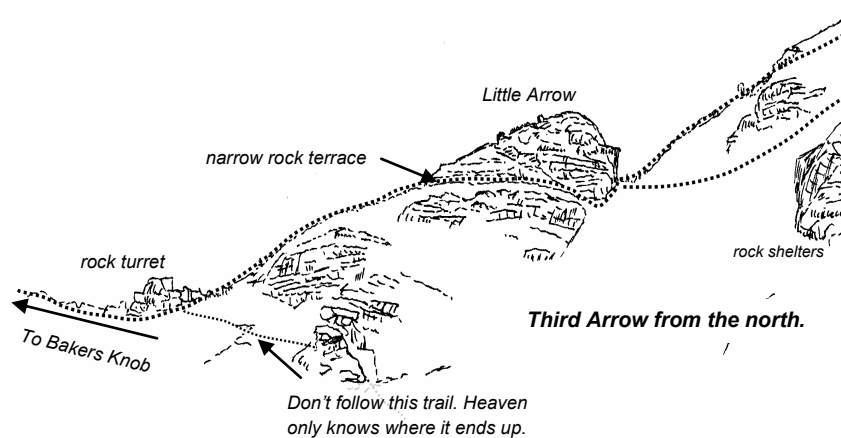


## The Stirling Ridge Walk The traverse of Third Arrow

**Walkers heading west from Baker's Knob** should skirt the northern side of the small rock turret in the saddle, then return to the crest of the ridge and follow it up towards Little Arrow (do not follow the trail descending north west from the rock turret).

**The route around Little Arrow** follows a narrow rock terrace along its northern flank. A small cairn marks the route, but it is easily missed when heading west. There is no route over the top of Little Arrow.



**At the col between east buttress and east pinnacle** you can cast off your pack while you make the short excursion to the summit of Third Arrow.

**To continue west** descend the broad, but steep gully between east pinnacle and east buttress. At the foot of the gully you have a choice of routes as described below:

**The through route** skirts the foot of the rocks and heads up the gully opposite.

**Two trails lead from the western butt of Little Arrow** to the col between east pinnacle and east buttress.

The high trail follows the ridge as far as a rocky rib, where it skirts north of the ridge to meet up with the low trail.

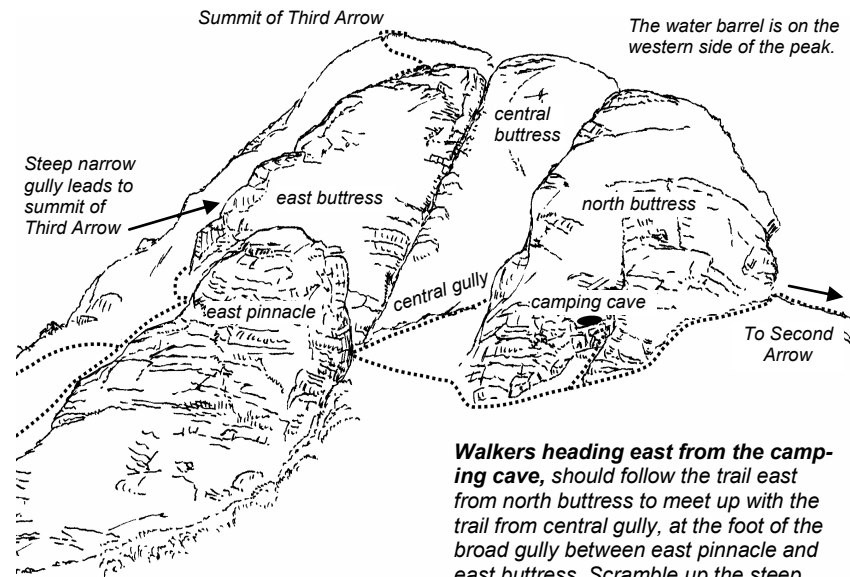
The low trail pushes down through the bush and then rises steeply to the col. This is probably the easiest route to follow.

This is central gully and leads directly to the western side of the peak.

**To reach the camping cave** follow the track down and around the foot of the north buttress.

**The water barrel** is located on the western side of the peak, and reached via central gully or by going around the north buttress (the easier route from the camping cave).

## The Stirling Ridge Walk The traverse of Third Arrow



**The camping cave**, located on the northern side of the north buttress, is the largest of the shallow caves found along the Stirling Ridge. It accommodates up to eight people, in varying degrees of comfort, and offers reasonable shelter from the elements, with just the occasional blast of wind coming from the north east.

**To reach the cave from the west** follow the trail around the foot of the north buttress. A trail leads steeply up to the cave with a final rock scramble to gain entry.

Third Arrow, the highest of the Three Arrows, is a major milestone for many ridge-walkers, choosing to stay overnight in the cave at the foot of north buttress and hoping to replenish their water from the barrel on the western side of the peak.

**Walkers heading east from the camping cave**, should follow the trail east from north buttress to meet up with the trail from central gully, at the foot of the broad gully between east pinnacle and east buttress. Scramble up the steep gully to the narrow col at the top. You can leave your packs here while you make the short excursion to the summit of Third Arrow.

**To continue east** follow the trail down towards the western butt of Little Arrow.

**At the western butt of Little Arrow** the trail descends a few metres and then rises to follow a rock terrace around the north face of Little Arrow. Once back on the crest of the ridge, follow the trail down and around the northern side of the rock turret and then prepare for the ascent of Baker's Knob.